

JULY 2026

7/1 - 7/3	PASTA MONDAY	TACO TUESDAY	SOUP OR SANDO WEDNESDAY	RICE BOWL THURSDAY	PIZZA FRIDAY
AM SNACK serve with 1% milk			Rice Crackers, Sunflower Butter & Sliced Fruit	Warm Cinnamon Raisin Bread, Homemade Strawberry Jam	SCHOOL CLOSED
LUNCH serve with fruit			Focaccia Grilled Cheese & Tomato & Vegetable Soup	Miso Salmon or Tofu w/ Matchstick Carrots & Cucumbers Sushi Rice & Nori	
PM SNACK			Frozen Yogurt Banana Bites & Crackers	Guacamole, Pretzel Crackers & Sliced Apples	
7/6 - 7/10	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM SNACK w/ 1% milk	Yogurt, Banana Granola & Mixed Berries	Peach Muffins & Sliced Fruit	Oatmeal Bar: Oatmeal, Berries, Shredded Coconut, & Cranberries	Whole Wheat Bagels, Cream Cheese & Sliced Fruit	Mango & Peach Lassi & Graham Crackers
LUNCH serve with fruit	Creamy Tomato Pasta (w/ Cottage Cheese), Roasted Broccoli & Garlic Bread	Taco Bar: Chicken or Shredded Tofu w/ Cheese, Black Beans Guacamole & Pico de Gallo	Chicken or Sweet Potato Pozole w/ Queso Fresco, Avocado & Tortilla Chips	Teriyaki Chicken or Tofu Bowls w/ Roasted Broccoli & Carrots & Brown Rice	Cheese or Pesto Pizza w/ Mixed Green Salad & Homemade Ranch
PM SNACK	Fruit Salad & Bunny Crackers	Hummus, Pretzel Crackers & Cucumber Sticks	Frozen Yogurt & Fruit Bark w/ Crackers	Mozzarella Sticks & Sliced Fruit	Zucchini Chocolate Chip Bread & Sliced Fruit
7/13 - 7/17	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM SNACK w/ 1% milk	Yogurt, Coconut Granola, & Mixed Berries	Whole Wheat Strawberry Muffins & Sliced Oranges	Rice Crackers, Sunflower Butter & Sliced Fruit	Warm Cinnamon Raisin Bread, Peach Jam & Sliced Cheese	Dragonfruit Smoothie & Graham Crackers
LUNCH serve with fruit	Homemade Pesto Pasta, Chicken or Mushroom Pesto Meatballs, & Steamed Corn	Rice, Bean, & Cheese Burritos w/ Guacamole & Tortilla Chips	Mini Chicken or Veggie Burgers w/ Tomatoes, Cheese & Cucumber Sticks	Chili Bowls w/ Shredded Tofu, Veggie & Sweet Potato Chili & Brown Rice & Mini Cornbread Muffins	Cheese or Pesto Pizza w/ Mixed Green Salad & Homemade Ranch
PM SNACK	Mozzarella Sticks & Sliced Fruit	Fruit Salad & Bunny Crackers	Frozen Yogurt Banana Bites & Crackers	Guacamole, Pretzel Crackers & Sliced Apples	Banana Bread & Sliced Fruit
7/20 - 7/24	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM SNACK w/ 1% milk	Yogurt, Banana Granola & Mixed Berries	Banana Oat Muffins & Sliced Oranges	Oatmeal Bar: Oatmeal, Berries, Shredded Coconut, & Cranberries	Whole Wheat Bagels, Cream Cheese & Sliced Fruit	Mixed Berries & Greens Smoothie w/ Yogurt & Chia Seeds & Graham Crackers
LUNCH serve with fruit	Creamy Tomato Pasta (w/ Cottage Cheese), Roasted Broccoli & Garlic Bread	Taco Bar: Chicken or Shredded Tofu w/ Cheese, Black Beans Guacamole & Pico de Gallo	Chicken and Summer Squash "Pot Pie" Soup & Puff Pastry Biscuit Shapes	Miso Salmon or Tofu, Steamed Summer Vegetables & Brown Rice	Cheese or Pesto Pizza w/ Mixed Green Salad & Homemade Ranch
PM SNACK	Watermelon, Crackers, & Cheese	Hummus, Pretzel Crackers & Cucumber Sticks	Frozen Yogurt & Fruit Bark w/ Crackers	Mozzarella Sticks & Sliced Fruit	Bunny Crackers & Sliced Fruit
7/27 - 7/31	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM SNACK w/ 1% milk	Yogurt, Coconut Granola, & Mixed Berries	Whole Wheat Blueberry Muffins & Sliced Oranges	Rice Crackers, Sunflower Butter & Sliced Fruit	Warm Cinnamon Raisin Bread, Peach Jam & Sliced Cheese	Strawberry & Banana Smoothie & Graham Crackers
LUNCH serve with fruit	Homemade Pesto Pasta, Chicken or Mushroom Pesto Meatballs, & Steamed Corn	Rice, Bean, & Cheese Burritos w/ Guacamole & Tortilla Chips	Focaccia Turkey or Tofurkey & Cheese Sandwiches & Cucumber Sticks	Baked Chicken Shawarma or Falafel, Cucumber & Tomato Salad, Feta, & Brown Rice	Cheese or Pesto Pizza w/ Mixed Green Salad & Homemade Ranch
PM SNACK	Mozzarella Sticks & Sliced Fruit	Fruit Salad & Bunny Crackers	Seasonal Agua Fresca, Crackers & Sliced Watermelon	Guacamole, Pretzel Crackers & Sliced Apples	Banana Bread & Sliced Fruit